



Kind Hands



I can use kind hands.



Kind hands help people feel safe.



Kind hands can wave hello.



Kind hands can give a high five.



Kind hands can help my friends.



Kind hands play gently with toys.



When I feel angry or upset, it's okay.



Even when I feel big feelings, I can try
to use kind hands.



If I want to hit or squeeze, I can ask for help.



I can squeeze a toy or take deep breaths instead.



I am learning to keep my hands kind
and safe.



Kind hands make me and others feel happy.



I can remember: I use kind hands every day.