



Together for Neurodiversity
Empowering Futures, Embracing Differences



Kind Mouth



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I can use a kind mouth.



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A kind mouth helps people feel safe
and happy.



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HEY

GOODBYE

A kind mouth can say hello or goodbye.



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You are doing
GREAT!

**YOU
GOT
THIS!**

**YOU ARE
smart**

A kind mouth can say kind words.



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A kind mouth can ask for help.



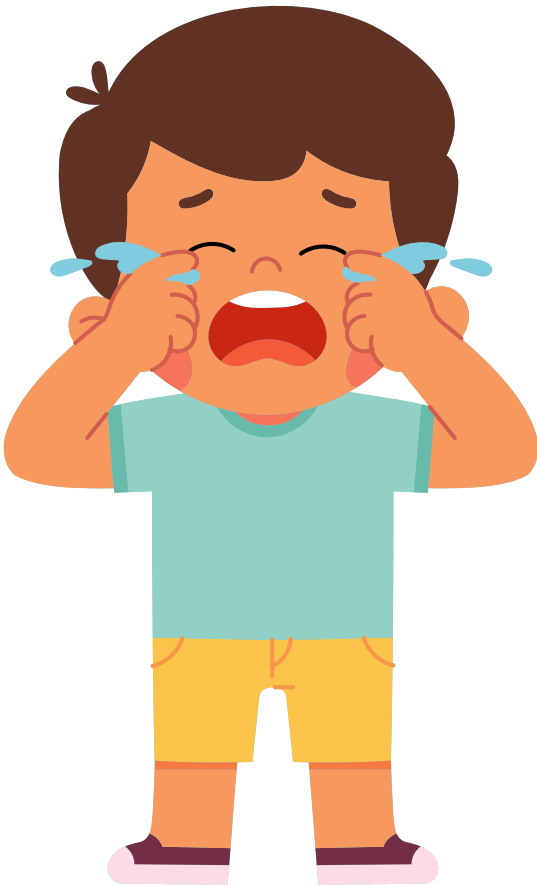
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A kind mouth can sing, smile, and
laugh.



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Sometimes, I feel upset, angry, or
excited.



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Even with big feelings, I can try
to use a kind mouth.



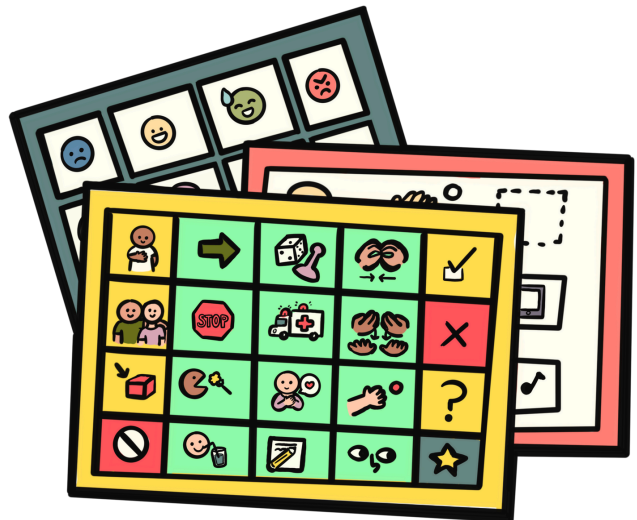
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If I want to shout, scream, or say
unkind words, I can ask for help.



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I can take deep breaths or use my
communication tools.



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I am learning to keep my mouth kind
and calm.



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A kind mouth helps me and others feel
good.



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I can remember: I use a kind mouth
every day.