



Together for Neurodiversity
Empowering Futures, Embracing Differences



Trying New Foods



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I have food I like.



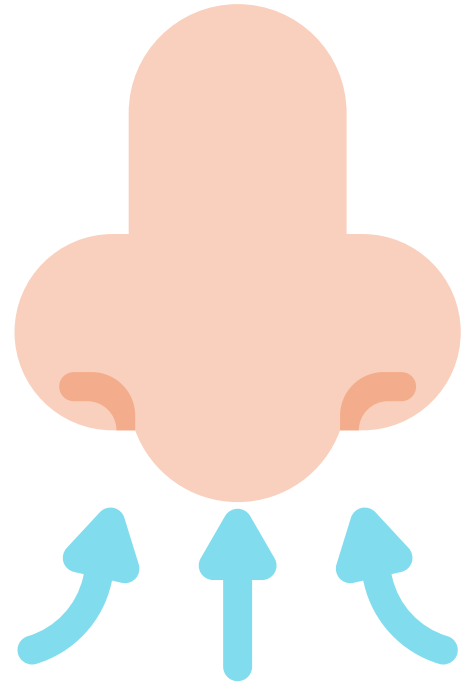
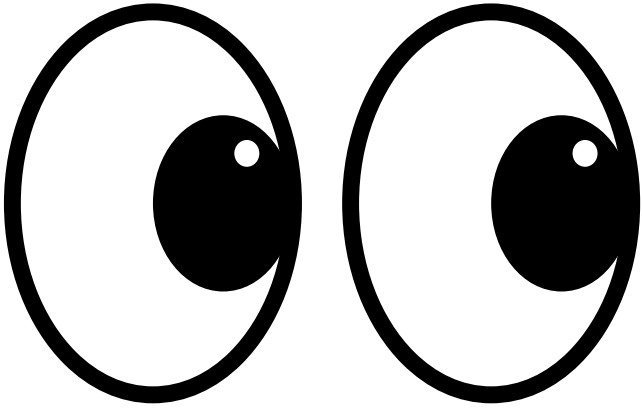
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Sometimes there is new food.



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New food might look, smell, or
taste different.



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I can try a tiny bit.



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If I don't like it, I can say,
"No, thank you."



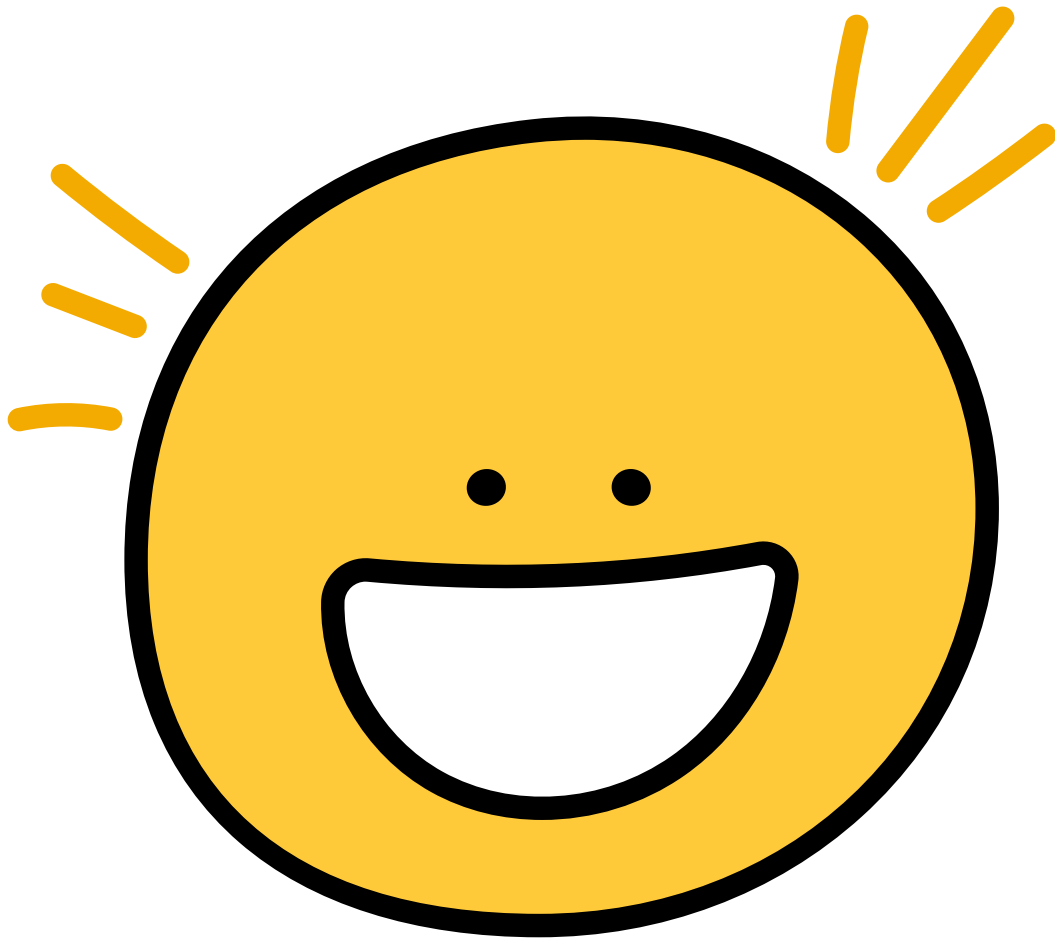
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If I like it, I can eat more.



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It is good to try. I can feel proud.