



Together for Neurodiversity  
Empowering Futures, Embracing Differences

# SCHOOL



I am starting  
school!



Starting school is exciting and might feel a little new or different. School is a place where I can learn new things, make friends, and have fun. It's okay if I feel a little nervous – many kids feel this way when they start something new.



I will arrive at school with a grown-up or on the school bus. When I get there, I might meet my teacher or other adults who are there to help me. They will help me feel safe and know where to go.



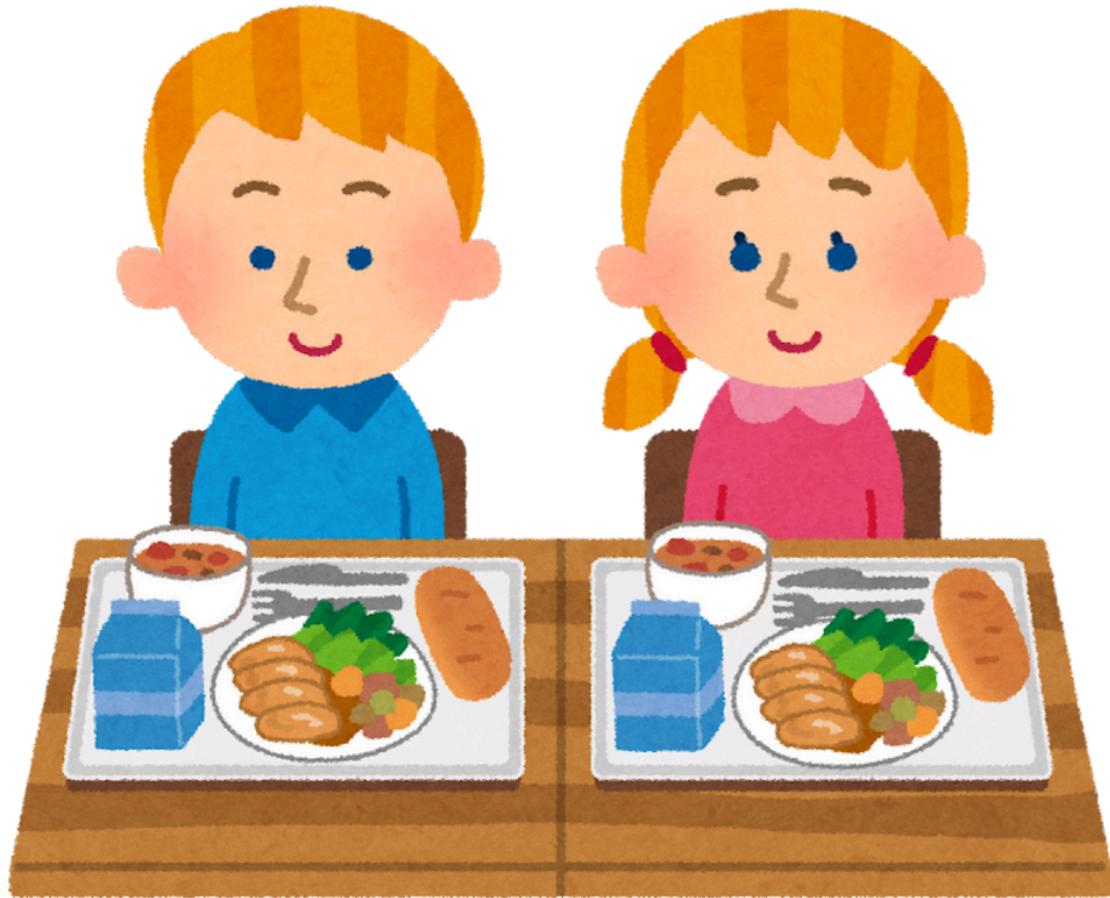
I will say goodbye to my grown-up. I might feel a little sad to say goodbye, but I know they will be there to pick me up later. My teacher and classmates will be with me, so I am not alone.



My teacher is there to help me learn. They will tell me what to do and where to go. I will also meet other kids in my class. They are there to learn and play with me. I can say “hello” to new friends.



At school, I will do activities like reading, drawing, and playing games. My teacher will show me what to do, and I can ask questions if I need help. Sometimes we learn new things, and other times we play and have fun together.



When it's lunchtime, I can eat my lunch and talk with friends. This is a time to relax and enjoy my food. I will know when it's lunchtime because my teacher will tell me.



I might get to go outside and play with other children. This is a fun time to run, jump, and enjoy being with friends. I will listen for my teacher to tell me when it's time to go back inside.



When the school day is over, my teacher will tell me it's time to go home. I might see my grown-up waiting for me. I can tell them all about my day!



Starting school is a big step, and it's okay to feel a mix of emotions.



# SCHOOL



School is a place where I can learn, make friends, and have fun. Every day, I'll learn a little more and feel more comfortable. Starting school is the beginning of an exciting adventure!